

ELIZABETH B. ARNOLD, M.D.

Office Address: University Health Center
4201 St. Antoine (5C)
Detroit, MI 48201

Telephone: (313) 577-5030

Education:

1975 BA Degree, Economics, Wayne State University, Detroit MI
1975 - 1976 Graduate Studies, Biochemistry, Wayne State University,
Detroit, MI
1980 MD Degree, Wayne State University School of Medicine,
Detroit, MI

Training:

1980 - 1983 Resident, Department of Internal Medicine, Wayne State
University Affiliated Hospital Program, Detroit, MI
1983 - 1984 Chief Medical Resident, Grace Division, Wayne State University
Affiliated Hospitals Program, Detroit, MI
May 1985 Faculty Development Program, Harvard Geriatric Education
Center, Boston, MA
1992 - 1993 Medical Directors Training Course, Chicago IL, University of
Minnesota Medical School, Department of Family Practice and
Community Health

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Faculty Appointments:

- 1984 - 1991 Instructor, Department of Internal Medicine, Wayne State University School of Medicine, Detroit, MI
- 1991 - Present Assistant Professor (Clinical), Department of Internal Medicine, Wayne State University School of Medicine, Detroit, MI**

Hospital or Other Professional Appointments:

Hospital Appointments

- 1985 - 1992 Director of Geriatrics, Grace Hospital, Detroit, MI
- 1987 - 1990 Chairman, Patient Care Committee – Grace Hospital
- 1991 - 1992 Ethics Committee, Member – Grace Hospital
- 1992 - 2000 Geriatric Steering Committee, Member
- 1992 - 2000 Chief, Section of Geriatrics, Department of Internal Medicine, Grace Hospital, Detroit, MI
- 1993 - 1994 Member, Patient Care Committee – Grace Hospital
- 1994 - 1999 Director, Acute Care Geriatric Unit, Grace Hospital
- 1994 - 1999 Geriatric Fellowship Committee (Curriculum development and implementation of Geriatric Fellowship)
- 1994 - 1999 Member, Patient Satisfaction Committee – Grace Hospital
- 1995 - 1999 Grace Hospital Task Force on the Prevention of Violence, Member

Other Appointments

- 1992 -1994 Medical Director – Arnold Nursing Home – Detroit, MI
- 1995 - 2000 Assistant Medical Director, Presbyterian Village of Michigan, Redford, MI
- 2001 - 2003 Medical Director Presbyterian Village of Michigan –Redford Health Care Center
- 2001 - Present Medical Director Village of East Harbor – Chesterfield, MI (Presbyterian Villages of Michigan**
- 2003 - 2006 Medical Director Park Geriatric Village - Highland Park**
- 2003 – Present Medical Director Elmwood Geriatric Village – Detroit, MI (Bortz Nursing Homes)**
- 2005 - 2007 Visiting Nurse Association Hospice – Staff Physician Contract 20% time**

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2007 - 2008 Medical Director Heartland University Nursing Home and Subacute Rehab Center Livonia, MI (HCR Manor Care)

2008 - Present Medical Director Fraser Villa Utica, MI (Trinity Health System)

Major Professional Societies:

1980 – Present Christian Medical and Dental Society

1985 – Present American College of Physicians – member

1986 - American Geriatrics Society (National and Michigan Chapter) - member

1992 – Present American Medical Directors Association (National and Michigan Chapter) – Member

Licensure and Board Certification:

Licensure - State of Michigan

Certification - American Board of Internal Medicine

1984 Diplomate in Internal Medicine - no expiration date

1988 Certificate of Added Qualification in Geriatric Medicine exp 1998

1998 Recertified in Geriatric Medicine exp 2008

2009 Pending -To take recertification exam May 14,2009

Other Certification

1995 Certified Medical Director,
American Medical Directors Association - exp 2001

2001 Recertification as Certified Medical Director, American
Medical Directors Association exp 2006

**2006 Recertification as Certified Medical Director, American
Medical Directors Association exp 2011**

Honors/Awards:

1975 Phi Beta Kappa

1998 V. K. Volk Award - presented by the Michigan Society of Gerontology - in recognition of outstanding contributions toward improving health care for older persons in Michigan

2003 Teaching Award – for 2002-2003 - Sinai Grace Hospital/
Wayne State University - Department of Internal Medicine

**2008 Wayne State University School of Medicine College
Teaching Award**

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Service:

Patient Care:

- 1984 - Present Attending Physician in Internal Medicine, Wayne State University at Grace Hospital and various other sites.**
- 1984 - Present Attending Physician in Geriatric Medicine, Wayne State University, Department of Internal Medicine**

Professional Consultation

- 2004 Lecture – Comprehensive Geriatric Assessment – Geriatric Fellows – William Beaumont Hospital
- 2003 Lecture – Care of the frail Geriatric Inpatient – Training Course for Sinai-Grace ACE Unit – (Acute Care for the Elderly) Nursing Staff
- 2002 Interview, WNZK 690 AM Ask Your Neighbor “Aging and Long Term Care, Aging and Health, Teaching Geriatrics”
- 2000 Lecture, Falls, Emergency Series, Medical Residents, Department of Medicine, Sinai-Grace Hospital

National Professional Organizations

- 2004 American Medical Directors Association, 27th Annual Symposium, Phoenix, AZ, Delegate, House of Delegates
- 2003 American Medical Director’s Association, 26th Annual Symposium, Orlando, FL, Delegate, House of Delegates
- 2002 American Medical Director’s Association, 25th Annual Symposium, San Diego CA, Delegate, House of Delegates
- 2000 American Medical Director’s Association, 23rd Annual Symposium, San Antonio, Texas - Delegate, House of Delegates

State Professional Organizations

- 2000 – 2006 Board Member, Board of Directors, Michigan Medical Directors Association**
- 2001 – 2002 Vice President – Michigan Medical Directors Association
- 2002 - 2003 President - Michigan Medical Directors Association

Local Professional Organizations

- 1987 - 2002 Christian Medical and Dental Society, Faculty Advisor, Wayne State University Chapter, Detroit, MI

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Community Service

- 2002- 2008** **Participate in monthly blood pressure screening –
Metropolitan United Methodist Church**
- 2002- 2007** **Medical Advisory Board – Visiting Nurse Association of SE
Michigan**
- 2003- 2007** **Professional Advisory Committee – Visiting Nurse
Association of SE Michigan**
- 2003 Physical Exams for Youth Basketball league – Metropolitan
United Methodist Church
- 2005 Lecture and discussion – Healthy living – Metropolitan United
Methodist Church Midweek Program
- 2005 Participated in Metropolitan United Methodist Church Health
Fair.
- 2005 Lecture and discussion – Alzheimer’s Dementia Tabernacle
Baptist Church, Detroit, MI
- 2007** **Round table discussion – Dementias
First United Methodist Church Ann Arbor, MI**
- 2008- present** **Area Agency on Aging – Detroit Long Term Care System
Change Task Force – Quality subcommittee**

Teaching:

- WSU I’s 2000
Physician Mentor Program
Introduction to the Patient
Med CAREERS Program Class of 2004
2009 Introduction to the Patient 3 students,4 sessions each
- WSU II’s 1984-2003
Physical Diagnosis
Weekly - Feb - May
Other - Geriatric Case Study - Scott Hall
- WSU III’s
Introductory Lecture - Ethics/Humanities in Medicine and
Aging Simulation - quarterly 1997 – 1999, July 6, 2000
OSCA exam proctor - annually, 1998 and 1999
General Internal Medicine Rounds – 1998 Sinai Grace
March, April, July, Sept., Dec.
General Internal Medicine Rounds - 1999 Sinai Grace
Jan., Feb, April, June, Aug., Oct., Dec. - 7 mo.
General Internal Medicine Rounds – 2000 – 5 months
Sinai-Grace – Feb., April, June
Harper – Aug., Dec.

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WSU IV's

Internal Medicine Rounds -1998 5 months Sinai Grace (see WSU III above) – 1999 7 months Sinai Grace, General Internal Medicine Rounds- 2000 Sinai Grace – Feb, April, June Harper – Aug., Dec.

Geriatric Elective - WSU IV's
January 1997, August 1998

Medical Residents

General Internal Medicine Rounds – 1998 Sinai Grace
March, April, July, Sept., Dec.

General Internal Medicine Rounds - 1999 Sinai Grace
Jan., Feb, April, June, Aug., Oct., Dec. - 7 mo.

General Internal Medicine Rounds - 2000
Sinai Grace – Feb., April, June
Harper – Aug., Dec.

General Internal Medicine Rounds – Harper University Hospital
March 2001

General Internal Medicine Rounds weekend coverage 1
weekend per month March, June, October 2004 Harper
and Detroit Receiving Hospitals

General Internal Medicine Rounds weekend coverage 1
weekend per month January, May, and September 2005
Harper and Detroit Receiving Hospitals

Geriatric Selective Rotation – Detroit Receiving Hospital/Harper
University Hospital Sept. 2000 – daily consult rounds and 8
hours lecture/month - 4 residents and 1 fellow
Oct. 2000 6 residents and 1 fellow

Geriatric Selective Rotation – Sinai Grace Hospital – monthly
from May 2002 – June 2003 – In 2002, 2 residents in May,
June and November 1 resident all other months. In 2003, 1
resident in Jan, May and June, 2 in April, and 3 in Feb, and
March (daily consult rounds and 12 hrs of lecture/month

Geriatric Selective Rotation – didactic lectures 2 per month
University Health Center July 2003 through 2005

**Geriatric Consult Service – Sinai Grace Hospital 1-2
residents a month 2006 Sept through Dec.**

2007 9 months average 2 sessions a week 2 hours each

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Resident Outpatient Clinics

Presbyterian Village Redford - Independent and Assisted Living
Clinic - 1 session a week, 2 trainees/wk. 1 resident and 1 fellow or 2
residents 1998 - 1-31-2003

**Multi Disciplinary Medicine - Geriatric Module - Sinai Grace Hospital
and Presbyterian Villages of MI - didactic-1st yr residents - 9
hours/mo - August and September 2001, 2002, 2003,2004, 2005,
2006 and 2007 -- 8 trainees/mo.**

The Continuum of Care, Introduction to the Nursing Home –

Presbyterian Village of MI Redford – July and August 2001 10-12
residents from Harper University Hospital per 2 hour session

**Presbyterian Villages of MI- Village of East Harbor October 23 2006,
November 13, 2006, January 22, 2007, January 14,2008, 10-12
residents from DRH- Harper University Hospital per 4 hour session**

Geriatric Fellows

Geriatric Consult Rotation DRH & Harper – Sept., Oct. 2000 – 1
fellow and 2 residents

Presbyterian Village - Independent & Assisted Living Clinic
1 session a week, 2 trainees usually 1 resident & 1
fellow 1998 – 1-2003. (4 hour clinic)

Presbyterian Village Nursing Home Rounds - Redford July
1997 to 1-2003. 1 session/week (4 hours) – 1 fellow per
session in 6 months of 1998. 2 fellows for 6 months in
1999. Jan – April 2000, 2001, 2002,

Village of East Harbor – New Baltimore –Block Rotation

2004 2 sessions/week July – December 1 fellow 4 mo, and 1
fellow 2 months

2005 – 2 sessions/wk January – December 2 month blocks 1
fellow each block

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2006 – 2 sessions/week January – April, July – December 2 month block 1 fellow each block

2007 - 2 sessions/ week -2 month block 1 fellow per block 10 months

2008 – 2 sessions/week 2 month block 1 fellow per block 8 months

Park and Elmwood Geriatric Villages Longitudinal Rotation

10-2003 – 1-2004 1, 4 hr. session/week 1 fellow per location

2005 2, 4 hr sessions/week 12 months 1 fellow per location

2006 Park Ger. Village 1, 4 hr session/week 2 fellows January – June.

Elmwood Ger. Village Longitudinal Rotation

2006 1, 4 hr session/week January - June, 2 fellows July thru December

2007 One 4 hour session/week 12 months 1 fellow per session

2008 One 4 hour session per week 1 fellow per session

Medical Direction Module didactic- July 1997 through present

24 sessions in 1998 and 1999 12/yr

20 sessions in 2000

Medical Direction Module – 10 sessions in 2003, 2002 and 2001.

2006 13 sessions

2007 6 sessions

2008 6 topics - 5 sessions – 1 double

Geriatric Fellows Lectures (non medical direction presentations) 4 times in 2001, 2000.

Presentations & Abstracts:

Appel J, Arnold E, Contreas C, Weller F, Mutchnik M, Luk G. "Relationship of thymosin alpha-one immunoreactivity to cell proliferation in human colon cancer cell lines." American Association of Cancer Research, May 1990.

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Appel J, Arnold E, Conteas C, Pear A, Luk G. "Exogenous thymosin alpha-one stimulates cell proliferation in a malignant colon cell line." American Association of Cancer Research, May 1991.

Lenk D, Arnold E. "Patient actions and satisfaction with a geriatric assessment program." Poster and round table discussion. American Society on Aging. Annual Meeting, March 1991. New Orleans, LA.

Fernz M, Arnold E, MacDonald L. "Acute Transverse Myelitis in Systemic Lupus Erythematosus." Presented at American College of Physicians, Michigan Chapter, Traverse City, Michigan, September 1993.

Publications:

Conteas CN, Pear A, Arnold E, Mutchnik MG; Physiologic concentration of thymosin alpha-one induces proliferation in small intestinal crypt cells (IEC-6). Biochemical Archives. Vol. 7: 73-76, 1991.

Appel JL, Arnold EB, Conteas C, Bergsman KL, Luk G. Relationship of thymosin alpha-one immunoreactivity and exogenous stimulation on proliferation of human colon cancer cell lines. Biochemical Archives. Vol. 9: 355-363, 1993.

Books and Chapters:

Conteas, CN, Arnold, EB. Development of the gastrointestinal endocrine system. CRC Handbook of Human Growth and Developmental Biology. E Meisami and P.S. Timiras, Editors, 1989.

Presentations:

1996 19th Annual Symposium, American Medical Directors Association, New Orleans, LA, Discussion Leader "In The Trenches" - Roundtable Discussions

1997 20th Annual Symposium, American Medical Directors Association, Phoenix, AZ, Presenter, "Quality Management and the Use of Control Charts"